





**We only use 100% Irish Beef.**  
Oh, and a pinch of salt and pepper.



**We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles.**



**We only use 100% chicken breast meat.**  
Across our whole range.

**We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.**

### Additional Allergen Information

**We prepare our food in kitchens where allergens are present and shared equipment is used. Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed. While there are no nuts or peanuts in our products, we cannot guarantee they are completely nut or peanut-free.**

#### Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other McDonald's orders or orders from other businesses at the same time as your McDonald's order.

**For any further information please contact our Customer Services Team via our website – [www.mcdonalds.ie](http://www.mcdonalds.ie)**

✓ Contains indicated allergen

\* May contain traces of indicated allergen (presence cannot be excluded)

V Suitable for vegetarians

VE Suitable for vegans

† Our Fries and Hash Browns are cooked in the same oil as Veggie Dippers

0 Zero amount present

§ Does not include optional condiments

**Information correct at time of print, November 2024.**

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check [www.mcdonalds.ie/nutrition](http://www.mcdonalds.ie/nutrition) for the most up-to-date information.



**We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.**

## Main Menu

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
				✓	*	*																	
Big Mac®	2061	493		✓	*	*								✓	✓	✓					✓		
Quarter Pounder™ with Cheese	2132	509		✓	*	*								✓	✓						✓		
Double Quarter Pounder™ with Cheese	3098	742		✓	*	*								✓	✓						✓		
McCrispy®	2031	484		✓	✓	*								✓	*	✓				*	✓		
McSpicy®	1903	454		✓	*	*								✓	*				*	✓	✓		
McChicken® Sandwich	1558	371		✓	*	*								✓	*				*	✓	✓		
Filet-o-Fish®	1323	315		✓										*	✓	✓	✓			✓	✓		
McPlant®	1783	426	VE	✓	*	*								✓	*						✓		
Vegetable Deluxe	1524	363	VE	✓	*	*								✓	*						✓		
Chicken Selects® x 3	1502	359		✓										*							✓		
Chicken Selects® x 5	2504	599		✓										*							✓		
Chicken McNuggets® x 6	1092	261		✓										*							✓		
Chicken McNuggets® x 9	1637	391		✓										*							✓		
Chicken McNuggets® x 20 (serves 4)	3638	869		✓										*							✓		
Veggie Dippers x 4	1339	321	VE																		✓		
Hamburger	1040	248		✓	*	*								*	*						✓		
Cheeseburger	1235	294		✓	*	*								*	✓						✓		
Double Cheeseburger	1818	435		✓	*	*								*	✓						✓		
Bacon Double Cheeseburger	2011	481		✓	*	*								*	✓						✓		
Triple Cheeseburger	2400	575		✓	*	*								*	*						✓		
Mayo Chicken	1184	282		✓	*	*								*	*	✓					✓		
Bacon Mayo Chicken	1377	328		✓	*	*								*	*	✓					✓		

## Happy Meal®

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
				✓	*	*																	
Hamburger	1040	248		✓	*	*								*							✓		
Cheeseburger	1235	294		✓	*	*								*	✓						✓		
Chicken McNuggets® x 4	728	174		✓										*							✓		
Fish Fingers x 3	651	155		✓												✓					✓		
Veggie Dippers x 2	670	160	VE																		✓		
Small Fries†	990	237	VE																		✓		
Fruit Bag – Apple Slices & Grapes	254	60	VE																		✓		
Fruit Bag – Pineapple Stick	168	40	VE																		✓		
Fruit Bag – Melon	80	19	VE																		✓		
Carrot Bag	124	30	VE																		✓		
Cucumber Sticks	52	13	VE																		✓		
Low Fat Irish Milk – 250ml	512	122	V												✓						✓		
Robinsons Fruit Shoot	36	8	VE																		✓		
Tropicana® Orange Juice	430	100	VE																		✓		
Bottled Water (still)	0	0	VE																		✓		

## Fries†

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
				✓	*	*																	
Small	990	237	VE	✓																	✓		
Medium	1410	337	VE	✓																	✓		
Large	1855	444	VE	✓																	✓		

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## Salads

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
				✓	*	*																	
Grilled Chicken Salad	586	139		*																*			
Grilled Chicken & Bacon Salad	779	185		*																*			
Crispy Chicken Salad	1148	274		✓																*			
Crispy Chicken & Bacon Salad	1341	320		✓																*	*		
Side Salad	77	18	V	*																*			
Balsamic Dressing – 30g	96	23	VE																				

## Big Flavour Wraps

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
				✓	*	*																	
The Sweet Chilli Chicken One	GRILLED	1435	340	✓	*	*								*	*						✓		
	CRISPY	1966	469	✓	*	*								*	*	✓					✓		
The BBQ & Bacon Chicken One	GRILLED	1536	364	✓	*	*								*	*	✓					✓		
	CRISPY	2067	493	✓	*	*								*	*	✓					✓		
The Caesar & Bacon Chicken One	GRILLED	1694	403	✓	*	*								*	*	✓					✓		
	CRISPY	2226	532	✓	*	*								*	*	✓					✓		
The Spicy Veggie One		1532	365	VE	✓	*	*							*	*						✓		

## Condiments & Sauces

	Energy per portion		Cereals containing gluten																				
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
				✓	*	*																	
Tomato Ketchup	10g	50	12	VE																			
Mayo Dip	19g	505	123	V												✓					✓		
BBQ Dip	30g	188	44	VE																	✓		
Sweet Curry Dip	30g	207	47	VE																	✓		
Sweet & Sour Dip	30g	179	42	VE	✓		✓				✓										✓		
Smoky BBQ Dip	40g	284	67	V																	✓		
subject to availability																							
Sweet Chilli Dip	40g	299	71	VE																	✓		
Butter	7g	208	51	V												✓					✓		
Strawberry Jam	15g	166	39	V																	✓		
Pancake Syrup	40g	560	132	V																	✓		
Sweet & Smoky BBQ Dip	40g	256	60	V																	✓		
subject to availability																							
Garlic Mayo Dip	40g	486	118	V												✓					✓		
subject to availability																							

## Desserts

	Energy per portion		Cereals containing gluten													
	kJ	kcal	Vegetarian	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts				